

ON THE DAY

PROCEDURE TIME

Approximately 1/2 hour.

LENGTH OF STAY

You will be admitted to the Clinic on the morning of your procedure. Following your procedure you will be required to stay 2-3 hours after the TOE procedure and usually four hours after Cardioversion.

VISITORS

Your immediate family or carers may be able to see you briefly in recovery after the procedure and when you are up and walking around. The staff will advise you of the time your family can collect you.

RESULTS OF THE PROCEDURE

Your doctor will send the results of your procedure to your referring doctor.

SECURITY

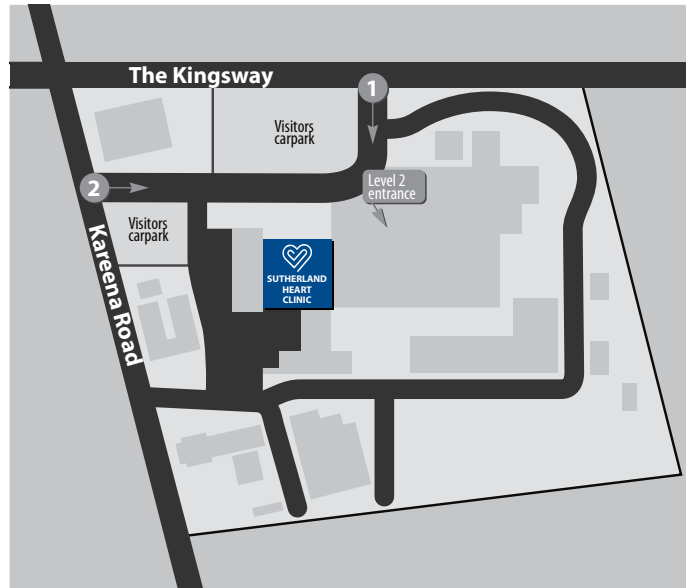
Lockers are provided for your belongings, however please do not bring large amounts of cash or valuables with you on the day.

DRIVING

You should not drive a car, sign important documents, work, etc. for at least 24 hours following a General Anaesthetic. Please make alternative transport arrangements.

QUALITY ASSURANCE

We are committed to maintaining high clinical standards. Your feedback is important to us and you may receive a follow up phone call regarding your experience and progress.



Level 2, The Sutherland Hospital
The Kingsway, Caringbah, NSW 2229

Hours: 7am - 6pm

Mon - Fri

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TRANSOESOPHAGEAL ECHOCARDIOGRAPHY (TOE) & CARDIOVERSION

PATIENT INFORMATION GUIDE

Level 2
The Sutherland Hospital
The Kingsway, Caringbah

An Accredited Facility

**Australian Council of
Healthcare Standards**

Sutherland Heart Clinic is a
NO SMOKING FACILITY!



Welcome to the Sutherland Heart Clinic

The Sutherland Heart Clinic follows on from the success of its predecessor - the Eastern Heart Clinic - at the Prince of Wales Campus in Randwick. As a satellite facility it has been developed along the same lines. Being doctor owned we are able to provide a consistent clinical focus which translates into the best results for you.

The facility opened in May 2006 and allowed our team to design a brand new private hospital whose focus was interventional cardiology, pacemaker implantation and vascular surgery. The best facility design has been incorporated for your comfort, results and recovery. The Clinic is open Monday to Friday for elective procedures and the staff are on call 24hrs a day for emergencies. There are two catheter laboratories (specialised operating theatres) equipped with the latest technology.

The Clinic's team is committed to providing the best possible care and service and we will ensure that your personal dignity, safety and privacy will be respected and protected at all times. Any treatment offered to you will take place only with your consent following discussion, explanation and disclosure of risk. All information contained in medical records is kept confidential.

This pamphlet has been prepared to acquaint you with the facility and the range of services offered. We hope it will answer many of the questions you may have regarding your forthcoming procedure.

TRANSOESOPHAGEAL ECHOCARDIOGRAPHY (TOE)

TOE is used to obtain detailed images of the heart with high frequency ultrasound. It is performed under sedation and is generally well tolerated. This procedure requires the insertion of an ultrasound probe into the oesophagus. The procedure usually takes 10 minutes and has few complications, less than 1/5000 chance of damage to the oesophagus. Oxygen saturation and blood pressure are carefully monitored until you are fully alert. Swallowing is then supervised before discharge.

ELECTRICAL CARDIOVERSION

This is an established and safe method of restoring normal cardiac rhythm. It is usually performed as a day procedure. Most elective cardioversions are performed to treat atrial fibrillation. After assessment, a cannula (IV line) will be inserted into your hand or arm, nursing staff will perform an ECG and attach you to a cardiac monitor. The anaesthetist will then administer intravenous sedation, once you are unconscious your cardiologist will administer a direct current shock to restore regular heart rhythm. You will not be aware of or feel the shock. Occasionally patients are aware of some minor chest discomfort and or skin irritation following the procedure. A moisturising cream such as sorbolene will help relieve this. You will need someone responsible to take you home.

YOUR APPOINTMENT

- ♥ Following your consult or referral your Cardiologist will schedule a booking at the earliest time available.
- ♥ A letter of confirmation will be sent to you detailing your instructions. You will be required to phone the Clinic on the day before your procedure between 12 pm and 3 pm for your admission time and further instructions.
- ♥ If the procedure is on Monday phone on the prior Friday. Please inform the secretary if you require accommodation (especially if you have to travel) or you need an interpreter.

PREPARATION

FASTING You will be required to fast; that is no food or water at least 6 hours prior to your procedure. This includes tea or coffee.

HYGIENE No special requirements - shower or bath as per usual.

MEDICATIONS You may be asked to omit some of your medications on the morning of your procedure. If you are a diabetic patient ask for specific advice when booking in.

WHAT TO BRING WITH YOU

- ♥ Health insurance details
- ♥ Medicare card
- ♥ Referral letter/s
- ♥ X-rays and pathology results
- ♥ A list of your current medications
- ♥ Reading material
- ♥ An overnight bag and toiletries